



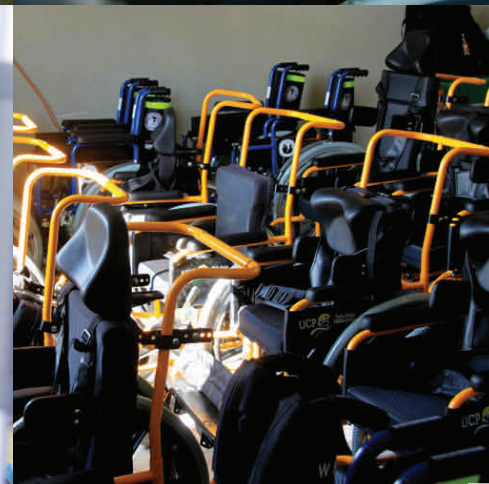
## Providing Opportunities Through Mobility

















# WHO WE ARE: *our mission, vision & history*

*UCP Roda Untuk Kemanusiaan's mission is to improve the lives for people with disabilities through increased self-sufficiency, mobility and opportunities.*

**We believe that mobility is a basic human right for all people. We envision an Indonesia where all individuals are provided this right.**

Everyone deserves the freedom to leave their homes, access education and employment, and be part of their community.

**UCP Roda Untuk Kemanusiaan is a partner of United Cerebral Palsy (UCP) Wheels for Humanity based in Los Angeles, United States.**

UCP is the largest network of disability organizations in the US and was established in 1949. UCP Wheels for Humanity is the international division that has been providing wheelchairs, education and services for people with disabilities worldwide since 1996.

**In 2009, UCP Roda Untuk Kemanusiaan was established in Indonesia with a goal to develop a sustainable solution to the lack of independence and opportunities for people with disabilities. Our programs focus on mobility access as a starting point for empowering people with disabilities in Indonesia.**









# THE OVERWHELMING NEED

*Between 2-3 million Indonesians are in need of a wheelchair for basic mobility, but do not have access to one.*

**In Indonesia, as many as 30 million people suffer from a disability while between 2-3 million are in need of a wheelchair.**

**The number of people with disabilities is growing steadily.**

Due to an aging population and the global increase in chronic health conditions, more people need access to mobility devices and disability care.

**Disability disproportionately affects Indonesia's poor.**

Low income means no access to the services or devices Indonesians with disabilities require to live a healthy life. Wheelchairs appropriate for the Indonesian environment and qualified wheelchair seating professionals are both scarcely available.

*4 out of 5 children with disabilities do not attend school.*

*Unemployment rates for people with disabilities is estimated to be above 80% resulting in up to \$49.5 billion in lost income for Indonesia.*

**Very few schools in Indonesia are inclusive of children with disabilities.**

Special education schools offer low levels of education and are geographically difficult to access for many children.

**The cycle of poverty, lack of opportunity, and stigma for with people with disabilities continues.**

Lack of education plus inaccessibility in workplaces and transportation makes it incredibly difficult for people with disabilities to provide for themselves and their families.











# OUR APPROACH

*Empowered people with disabilities, improvements in local infrastructure and capacity, supportive policies, and awareness are all part of the solution.*

## MEET LOCAL NEEDS IN INDONESIA.

We ensure that wheelchairs that meet local needs are available in Indonesia. To do so, we design and manufacture wheelchairs in-country.

## SERVE EACH UNIQUE INDIVIDUAL.

Every person's needs are different and must be addressed appropriately. For children, a wheelchair will support their healthy growth and for an adult, an appropriate wheelchair allows improved functionality and can prevent pressure sores.

## PROVIDE CRITICAL TRAINING TO HEALTHCARE WORKERS.

Wheelchairs must be properly fitted in order to support clients' unique needs, and we provide local clinical professionals with the training required to make this happen. Our trainings use World Health Organization standards and are provided within existing hospitals, health centers and clinics to ensure services are built into the existing healthcare structure and available within communities.

## EMPOWER PEOPLE WITH DISABILITIES TO IMPROVE THEIR LIVES.

Once children and adults have mobility, it's time to take the next step. We develop programs to educate families on the importance of school and how to enroll their children. We work with adults to get them active in their communities and to re-enter the workforce.

## WORK TOWARDS LASTING CHANGE AND EQUAL RIGHTS.

In order for change to sustain, local policies and awareness must be improved. We work with local governments to develop inclusive policies and conduct campaigns to bring greater awareness of disability issues to communities.







# APPROPRIATE & AFFORDABLE WHEELCHAIRS

*World Health Organization describes an appropriate wheelchair as one that meets the user's needs and environmental conditions; provides proper fit and postural support; is safe and durable; is available in the country; and can be obtained, maintained and serviced in the country at the most economical and affordable price.*

**Most wheelchair designs are not suited for the environmental and economic conditions of Indonesia.**

Commercial market wheelchairs are developed for locations that have smooth paved roads and local resources for maintenance and spare parts.

**Our wheelchairs are designed to be affordable, durable, adjustable, and easily repairable with local parts and labor.**

UCP RUK's wheelchairs were created with Indonesia in mind. Once we are sure a design will meet the needs of our clients, we then work with local manufacturers to start production through local Indonesian manufacturers.









# TRAINING LOCAL PROFESSIONALS

*Wheelchairs are intended to provide increased function, better health, and improved posture. Poorly fitted wheelchairs can cause secondary disabilities and deadly pressure sores. Professional clinical services are needed and should be available within Indonesia's existing healthcare structure.*

**Using standards developed in partnership with World Health Organization, we conduct trainings to build local clinical capacity.**

Trainings are provided in three tracks: Basic, Intermediate and Training-of-Trainers.

**Courses train clinical professionals to assess the specific postural and functional needs of an individual in order to prescribe and adapt a wheelchair that works for them.**

Proper wheelchair fittings prevent pressure sores, reduce pain, prevent and correct deformities, and improve function.

**Training is provided to local hospitals, clinics, government health centers and clinics.**

Once trained, we partner with these institutions to serve their own community, ensuring that local services are available, ongoing, and sustainable.









# ACCESSIBLE MOTORBIKES

*Motorbikes are the primary mode of transportation throughout Indonesia but are inaccessible for people with physical disabilities.*

**We design standardized modified motorbike kits to be attached to a wide range of motorbike models.**

This allows users to convert their motorbike into a three-wheeled motorbike or to add a sidecar.

**The ability to travel long distances opens a wide range of opportunities for people with disabilities.**

Adults can start small mobile businesses, commute to their job, or visit family and friends. Parents can take their children to school in an attached sidecar and are no longer confined to their village.









# EMPOWERMENT & OPPORTUNITIES

*Once individuals have mobility – we help them take the next step towards education, employment and community participation.*

**After providing mobility, we invest in our clients and their families to improve their overall quality of life.**

We provide education about disability and disability issues, encourage and empower clients to become active community members, and provide them with the tools and resources to do so.

**We conduct family support groups where families learn basic information on disability, nutrition, and proper care.**

Many parents are not informed about what caused their child's disability, their child's potential, how best to care for them, or what to expect in the future. Our support groups give them the facts they need and a chance to come together and share information, stories, and friendship.

**We help new wheelchair users learn how to care for themselves well.**

Through peer-to-peer training, wheelchair users learn about hygiene, provide support, and help each other stay healthy.

**We work with clients to create their own employment opportunities or support collaborative work programs for groups of new clients.**

Once they are healthy, active, and mobile, our clients are ready to reach their full potential, go to work, and provide for their families.









# ADVOCACY & AWARENESS

***Mobility is a basic human right.  
Access to wheelchairs and other assistive devices can only be  
available if policies are adopted and implemented by the government.***

**We work with local, regional and national government to develop and implement policies that protect the rights of people with disabilities.**

Implementation of the United Nations Convention of the Rights of People with Disabilities, which was ratified in Indonesia in 2011, is at the core of this work. New local regulations have been developed in several provinces and we work to spread those regulations and ensure effective implementation.

**True advocacy is when the individuals whose rights are denied are fighting for their own rights.**

Each year our social worker, Sri Lestari, rides her modified motorbike across the country in her Journey to Inspire. The Journey encourages other people with disabilities to join the disability rights movement, builds national media attention, and brings together national leaders and international diplomats to discuss disability issues.





*Jl.Kabupaten km 3.6*

*Trihanggo, Gamping*

*Sleman, Yogyakarta*

*Indonesia Tel: +62 274-5305965 Fax: +62 274-5305964*

***[www.ucpruk.org](http://www.ucpruk.org)***



*UCP Roda Untuk  
Kemanusiaan*



*@ucpruk*



*UCPWFH2*

